

LET'S EAT!



LUNCHTIME FACTS FOR DUZINE FAMILIES

- The lunch/recess period is forty minutes long. Twenty minutes are designated for lunch and twenty minutes are designated for recess.
- Children line up five minutes before lunch begins so they have the full twenty minutes or more to eat.
- Parent volunteers and lunch monitors have noted that most students eat lunch in about 10-15 minutes.
- If a child needs more than twenty minutes, that child is given extra time to eat and is not asked to go out for recess until she/he is ready.
- If most children in a class are finished and ready to go outside, their monitor takes them out early.
- Each class has a designated table and monitor.
- Children with food allergies are given a special seat at the head of their class table, which keeps them safe and allows them to engage in conversation with their peers. Monitors follow the nurse's protocol for each particular allergy (i.e. proper cleaning of the eating area).
- The lunch periods are as follows:
 - 11:05-11:45
 - 11:50-12:30
 - 12:35-1:15
 - 1:20-2:00
- Parents/guardians are welcome to join their children for lunch in the cafeteria.
- In addition to lunch, students have 10-15 minutes of snack time daily in their classroom.
- For more information, please visit the district website newpaltz.k12.ny.us. Click on "our departments" and then on "food services."

DOLLARS & CENTS

There are several lunch payment options:

- Families can send in a check (payable to New Paltz Food Services) to create a debit account from which their children can deduct their lunch time purchases (regardless of whether it is daily or occasionally).
- Families can pay with cash.
- Families can apply for free or reduced lunch.

Please note: If your family has an account, you can restrict what your children purchase. You must call the Food Service Director, Michael Robinson, at 256-4050 to place restrictions. **Otherwise, your child could have unlimited purchasing power!**

If children forget their lunch or lunch money, a lunch is still provided. A charge slip will be given to the child to take home.